

SUNDAY, June 14, 2020
The Most Holy Body and Blood of Christ
Prayer for the Morning

Let us give thanks to the Lord our God!
Glory to the Father Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be for ever. Amen.
Alleluia!

Hymn **Meter: 87 87 87**

Lord, enthroned in heavenly splendor,
First-begotten from the dead.
Thou alone, our strong defender,
Liftest up thy people's head.
Alleluia! Alleluia!
Jesus, true and living bread!
Paschal Lamb, thine offering, finished
Once for all when thou wert slain,
In its fullness undiminished
Shall for evermore remain.
Alleluia! Alleluia!
Cleansing souls from every stain.
Life-imparting heavenly Manna,
Stricken Rock with streaming side,
Heaven and earth with loud hosanna
Worship thee, the Lamb who died.
Alleluia! Alleluia!
Risen, ascended, glorified!

Psalm **105:1-5, 8-11, 40-43**

*I would feed my people with the finest wheat,
satisfy them with honey from the rock.*

(cf. Ps 81:17)

When we eat this bread and drink this cup, we ourselves enter into the Lord's Passover journey from death to life.

Give thanks to the Lord, tell his name, make known his deeds among the peoples.
O sing to him, sing his praise; tell all his wonderful works! Be proud of his holy name, let the hearts that seek the Lord rejoice.
Consider the Lord and his strength; constantly seek his face. Remember the wonders he has done, his miracles, the judgments he spoke.
He remembers his covenant for ever, his promise for a thousand generations, the covenant he made with Abraham, the oath he swore to Isaac.

He confirmed it for Jacob as a law, for Israel as a covenant for ever.

He said: "I am giving you a land, Canaan, your appointed heritage."

When they asked for food he sent quails; he filled them with bread from heaven.

He pierced the rock to give them water; it gushed forth in the desert like a river.

For he remembered his holy word, which he gave to Abraham his servant. So he brought out his people with joy, his chosen ones with shouts of rejoicing.. **Glory to the Father....**

Word of God **John 6:47-51**

Amen, amen, I say to you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the desert, but they died; this is the bread that comes down from heaven so that one may eat it and not die. I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world.

For you we hunger; for you we thirst!

Canticle of Zechariah

When we eat this bread and drink this cup, we proclaim your Death, Lord Jesus Christ, and your rising to eternal life! (cf. memorial Acclamations)

Blessed be the Lord, the God of Israel; he has come to his people and set them free. He has raised up for us a mighty savior, born of the house of his servant David.

Through his holy prophets he promised of old that he would save us from our enemies, from the hands of all who hate us. He promised to show mercy to our fathers and to remember his holy covenant.

This was the oath he swore to our father Abraham: to set us free from the hands of our enemies, free to worship him without fear, holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; for you will go before the Lord to prepare his way, to give his people knowledge of salvation by the forgiveness of their sins.

In the tender compassion of our God the dawn from on high shall break upon us, to shine on

