

Sunday, May 31, 2026
Trinity Sunday

Prayer for the Morning

Let us bless the Father, the Son, and the Holy Spirit!

Let us praise and exalt God above all for ever!

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be for ever. Amen. Alleluia

Hymn **Meter: 87 87 87**

Glory be to God the Father,
Glory be to God the Son,
Glory be to God the Spirit,
Glory to the Three in One!
Glory, honor, praise, and blessing
While eternal ages run!
Glory be to him who loves us,
Washed us from each spot and stain!
Glory be to him who brought us,
Made us kings with him to reign!
Glory, honor, praise, and blessing
To the Lamb that once was slain!
Glory to the King of angels,
Glory to the Church's King,
Glory to the King of nations,
Heav'n and earth, your praises sing;
Glory, honor, praise, and blessing
To the King of glory bring!

Canticle of Isaiah **33:2-3, 5-6, 10**

Praise and eternal glory to God the Father and to the Son and to the Holy Paraclete through all ages.

(Traditional Antiphon)

God is exalted in mystery and majesty, triune and one in glory. Yet through the divine indwelling he is nearer to us than we are to ourselves. What can we offer but praise that dares to go beyond the small boundaries of our finite understanding into the realm of light inaccessible?

O Lord, have pity on us, for you we wait.

**Be our strength every morning,
our salvation in time of trouble!**

**At the roaring sound, peoples flee;
when you rise in your majesty, nations are scattered.**

**The Lord is exalted, enthroned on high;
he fills Zion with right and justice.**

**That which makes her seasons lasting,
the riches that save her, are wisdom and knowledge;**

the fear of the Lord is her treasure.

**Now will I rise up, says the Lord,
now will I be exalted, now be lifted up.**

Glory to the Father...

Word of God **Ephesians 3:8-11**

To me, the very least of all the holy ones, this grace was given, to preach to the Gentiles the inscrutable riches of Christ, and to bring to light [for all] what is the plan of the mystery hidden from ages past in God who created all things, so that the manifold wisdom of God might now be made known through the church to the principalities and authorities in the heavens. This was -according to the eternal purpose that he accomplished in Christ Jesus our Lord.

Let us praise the Father, the Son, and the Holy Spirit, now and for ever!

Canticle of Zechariah

Blessed are you, now and through endless ages, O holy Creator and Ruler of all, most blessed and undivided Trinity! (Traditional Antiphon)

Blessed be the Lord, the God of Israel; he has come to his people and set them free. He has raised up for us a mighty savior, born of the house of his servant David.

Through his holy prophets he promised of old that he would save us from our enemies, from the hands of all who hate us. He promised to show mercy to our fathers and to remember his holy covenant.

This was the oath he swore to our father Abraham: to set us free from the hands of our enemies, free to worship him without fear, holy and righteous in his sight all the days of our life. You, my child, shall be called the prophet of the Most High; for you will go before the Lord to prepare his way, to give his people knowledge of salvation by the forgiveness of their sins. In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

Glory to the Father...

Intercessions

Let us adore the Father, and the Son, and the Holy Spirit:

R/ Glory and praise to our God!

Father most holy, we do not know how to pray: send us the Spirit to aid us in our weakness. **R/**

Father all-powerful, you sent the Spirit into our hearts to cry, "Abba, Father": make us heirs in Christ your Son. **R/**

Jesus, Son of God, you prayed to the Father to send the Advocate for your Church: lead us by the Spirit of truth. **R/**

Jesus, risen from the dead, you sent the Spirit, the Consoler, to your disciples: make us witnesses for you. **R/**

Spirit of the Father and the Son, ripen your fruits in our hearts: grant us patience and gentleness, charity, joy, and peace. **R/**

Personal intentions

Our Father....

Grant, we pray, almighty God, that the splendor of your glory may shine forth upon us, and that, by the bright rays of the Holy Spirit, the Light of your light may confirm the hearts of those born again by your grace. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

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Reading 1

Exodus 34:4b-6, 8-9

Early in the morning Moses went up Mount Sinai as the Lord had commanded him, taking along the two stone tablets.

Having come down in a cloud, the Lord stood with Moses there and proclaimed his name, "Lord." Thus the Lord passed before him and cried out, "The Lord, the Lord, a merciful and gracious God, slow to anger and rich in kindness and fidelity." Moses at once bowed down to the ground in worship. Then he said, "If I find favor with you, O Lord, do come along in our company. This is indeed a stiff-necked people; yet pardon our wickedness and sins, and receive us as your own."

Reading 2

2 Corinthians 13:11-13

Brothers and sisters, rejoice. Mend your ways, encourage one another, agree with one another, live in peace, and the God of love and peace will be with you. Greet one another with a holy kiss. All the holy ones greet you.

The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with all of you.

Gospel

John 3:16-18

God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through him. Whoever believes in him will not be condemned, but whoever does not believe has already been condemned, because he has not believed in the name of the only Son of God.

Men of St. Joseph Prayer

St. Joseph, help me to be like you. Help me to be obedient to the teachings of the Church and faithful to God's commands. Help me to patiently endure my cross each day. Let me be a model of holiness and a pillar of virtue. I solemnly promise to embrace God's will and I accept the challenge to work tirelessly for my family's salvation. Be my guide and companion on this journey. St. Joseph, terror of demons, pray for us!

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