

**SUNDAY, August 22, 2021**  
**Twenty-First Sunday in Ordinary Time**  
**Prayer for the Morning**

Christ is the love of God made manifest for us:  
come, let us adore him!

Glory to the Father... Amen. Alleluia!

Hymn Meter: SM

O taste and you will see  
The goodness of the Lord:  
Humanity, divinity,  
The Body and the Blood.  
God fed his wand'ring fold  
With manna from the sky.  
Much better This than bread of old—  
We eat and never die.  
Elijah once was fed  
When he could walk no more.  
An angel brought to him that bread—  
The angels This adore.  
For those who would be filled,  
This Food is Life indeed.  
To give it, Life himself was killed,  
And we from death are freed.  
O, worthy is the Lamb,  
The slain and risen Lord,  
The son of Mary, God and man,  
Our Eucharist adored.

Psalm 105: 1-5, 8-9, 40-43

*No one hates his own flesh but rather nourishes  
and cherishes it, even as Christ does the church,  
because we are members of his body.*

*(Eph 5:29-30)*

*God has demonstrated his unswerving love for his  
people down through the centuries. How, then, can  
we doubt his promise that Christ nourishes and  
cherishes us, the Church, his people, members of  
his own Body, whom he feeds with his own life?  
And how can we not love in return?*

Give thanks to the Lord, tell his name,  
make known his deeds among the peoples.  
O sing to him, sing his praise;  
tell all his wonderful works!  
Be proud of his holy name,  
let the hearts that seek the Lord rejoice.  
Consider the Lord and his strength;  
constantly seek his face.  
Remember the wonders he has done,

his miracles, the judgments he spoke.  
He remembers his covenant for ever,  
his promise for a thousand generations,  
the covenant he made with Abraham,  
the oath he swore to Isaac.  
When they asked for food he sent quails;  
he filled them with bread from heaven.  
He pierced the rock to give them water;  
it gushed forth in the desert like a river.  
For he remembered his holy word,  
which he gave to Abraham his servant.  
So he brought out his people with joy,  
his chosen ones with shouts of rejoicing.

Glory to the Father....

Word of God 1 John 4:9-10

In this way the love of God was revealed to us: God  
sent his only Son into the world so that we might  
have life through him. In this is love: not that we  
have loved God, but that he loved us and sent his  
Son as expiation for our sins.

God proves his love for us in that while we were  
still sinners Christ died for us. (Rom 5:8)

Canticle of Zechariah

*We love because he first loved us. (1 Jn 4:19)*

Blessed be the Lord, the God of Israel; he has  
come to his people and set them free. He has  
raised up for us a mighty savior, born of the house  
of his servant David.

Through his holy prophets he promised of old that  
he would save us from our enemies, from the  
hands of all who hate us. He promised to show  
mercy to our fathers and to remember his holy  
covenant.

This was the oath he swore to our father Abraham:  
to set us free from the hands of our enemies, free  
to worship him without fear, holy and righteous in  
his sight all the days of our life.

You, my child, shall be called the prophet of the  
Most High; for you will go before the Lord to  
prepare his way, to give his people knowledge of  
salvation by the forgiveness of their sins.

In the tender compassion of our God the dawn  
from on high shall break upon us, to shine on  
those who dwell in darkness and the shadow of  
death, and to guide our feet into the way of peace.

Glory to the Father...

