

Sunday, February 4, 2024
Fifth Sunday in Ordinary Time

Prayer for the Morning

Let us put our hope in Christ, for he will save us!

Glory to the Father...Amen. Alleluia

Hymn

Meter: CM

O Christ, our hope, our hearts' desire,
Redemption's only spring:
Creator of the world art thou,
Its Savior and its King.
For now the bonds of death are burst,
The ransom has been paid;
And thou art on thy Father's throne
In glorious robes arrayed.
Christ Jesus, be our present joy,
Our future great reward;
Our only glory may it be
To glory in the Lord.

Canticle of Isaiah 38:10-11, 12b, 16-17a, 19-20

You shall know that I am the Lord,/ and those who hope in me shall never be disappointed. (Is 49:23)

Does Job's lament in the first reading give voice to the desperation that brought the sick and the possessed to Jesus? The lament ends without hope, but the desperation of the sufferers held at least a thread of hope strong enough to draw them to the Savior who had healed their neighbor, Simon's mother-in-law. The Resurrection, which we remember every Sunday, grounds an even greater hope in the saving power of Christ.

Once I said,
"In the noontime of life I must depart!
To the gates of the nether world I shall be
consigned
for the rest of my years."
I said, "I shall see the Lord no more
in the land of the living.
No longer shall I behold my fellow men
among those who dwell in the world."
You have folded up my life, like a weaver
who severs the last thread.
Those live whom the Lord protects;
You have given me health and life;
thus is my bitterness transformed into peace.

The living, the living give you thanks,
as I do today.

Fathers declare to their sons,
O God, your faithfulness.

The Lord is our savior;
we shall sing to stringed instruments
in the house of the Lord
all the days of our life.

Glory to the Father

Word of God

Romans 5:1-5

Since we have been justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have gained access [by faith] to this grace in which we stand, and we boast in hope of the glory of God. Not only that, but we even boast of our afflictions, knowing that affliction produces endurance, and -endurance, proven character, and proven character, hope, and hope does not disappoint, because the love of God has been poured out into our hearts through the holy Spirit that has been given to us.

And you shall be secure, because there is hope;/you shall look round you and lie down in safety. (Jb 11:18)

Canticle of Zechariah

He will continue to rescue us; in him we have put our hope [that] he will also rescue us again. (2 Cor 1:10)

Blessed be the Lord, the God of Israel; he has come to his people and set them free. He has raised up for us a mighty savior, born of the house of his servant David.

Through his holy prophets he promised of old that he would save us from our enemies, from the hands of all who hate us. He promised to show mercy to our fathers and to remember his holy covenant.

This was the oath he swore to our father Abraham: to set us free from the hands of our enemies, free to worship him without fear, holy and righteous in his sight all the days of our life. You, my child, shall be called the prophet of the Most High; for you will go before the Lord to prepare his way, to give his people knowledge of salvation by the forgiveness of their sins. In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

Glory to the Father...

Intercessions

With confidence we pray:

R/ Christ, our hope, hear us.

In all our sufferings: **R/**

In all our fears and anxieties: **R/**

In all our tribulations: **R/**

Personal intentions

Our Father...

O God most faithful, you sent your Son to rescue us from the hopelessness of those who must dwell in the shadow of death. By his holy cross, he has redeemed the world. Enliven us in faith, hope, and love as we celebrate the mystery of his Death and Resurrection on this holy day. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

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Reading 1

Job 7:1-4, 6-7

Job spoke, saying:/ Is not man's life on earth a drudgery?/ Are not his days those of hirelings?/ He is a slave who longs for the shade,/ a hireling who waits for his wages./ So I have been assigned months of misery,/ and troubled nights have been allotted to me./ If in bed I say, "When shall I arise?"/ then the night drags on;/ I am filled with restlessness until the dawn./ My days are swifter than a weaver's shuttle;/ they come to an end without hope./ Remember that my life is like the wind;/ I shall not see happiness again.

Reading 2

1 Corinthians 9:16-19, 22-23

Brothers and sisters: If I preach the gospel, this is no reason for me to boast, for an obligation has been imposed on me, and woe to me if I do not preach it! If I do so willingly, I have a recompense, but if -unwillingly, then I have been entrusted with a stewardship. What then is my recompense?

That, when I preach, I offer the gospel free of charge so as not to make full use of my right in the gospel.

Although I am free in regard to all, I have made myself a slave to all so as to win over as many as -possible. To the weak I became weak, to win over the weak. I have become all things to all, to save at least some. All this I do for the sake of the gospel, so that I too may have a share in it.

Gospel

Mark 1:29-39

On leaving the synagogue Jesus entered the house of Simon and Andrew with James and John. Simon's -mother-in-law lay sick with a fever. They immediately told him about her. He approached, grasped her hand, and helped her up. Then the fever left her and she waited on them.

When it was evening, after sunset, they brought to him all who were ill or possessed by demons. The whole town was gathered at the door. He cured many who were sick with various diseases, and he drove out many demons, not permitting them to speak because they knew him.

Rising very early before dawn, he left and went off to a deserted place, where he prayed. Simon and those who were with him pursued him and on finding him said, "Everyone is looking for you." He told them, "Let us go on to the nearby villages that I may preach there also. For this purpose have I come." So he went into their synagogues, preaching and driving out demons throughout the whole of Galilee.

Men of St. Joseph Prayer

St. Joseph, help me to be like you. Help me to be obedient to the teachings of the Church and faithful to God's commands. Help me to patiently endure my cross each day. Let me be a model of holiness and a pillar of virtue. I solemnly promise to embrace God's will and I accept the challenge to work tirelessly for my family's salvation. Be my guide and companion on this journey. St. Joseph, terror of demons, pray for us!

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