

Sunday, January 18, 2026
Second Sunday in Ordinary Time

Prayer for the Morning

Our Lord is the God of holiness. Let us praise him!

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be for ever. Amen. Alleluia!

Hymn

Meter: CM

Up, up, my soul, on wings of praise,
No other service know;
In holy strains the love express
That fires the heart below.
Burn, burn, my soul, and ever be
With holy ardor fired,
And, strongly armed with firm resolve,
Be evermore inspired.
Pour forth a bloodless offering
Of hymns and holy lauds,
And weave a garland rich and fair
To crown the King of gods.

Psalm

93

Put on the new self, which is being renewed, for knowledge, in the image of its creator. (Col 3:10)

Each of us is called to be an imitator of Christ. By becoming more and more like Christ we receive a share in his holiness and become cooperators in the work of redemption. Let us abandon all things that draw us away from this awesome vocation, and let us live for God alone.

The Lord is king, with majesty enrobed;
the Lord has robed himself with might,
he has girded himself with power.
The world you made firm, not to be moved;
your throne has stood firm from of old.
From all eternity, O Lord, you are.
The waters have lifted up, O Lord,
the waters have lifted up their voice,
the waters have lifted up their thunder.
Greater than the roar of mighty waters,
more glorious than the surgings of the sea,
the Lord is glorious on high.
Truly your decrees are to be trusted.
Holiness is fitting to your house,
O Lord, until the end of time.

Glory to the Father.

Word of God

Ephesians 4:17-24

I declare and testify in the Lord that you must no longer live as the Gentiles do, in the futility of their minds; darkened in understanding, alienated from the life of God because of their ignorance,

because of their hardness of heart, they have become callous and have handed themselves over to licentiousness for the practice of every kind of impurity to excess. That is not how you learned Christ, assuming that you have heard of him and were taught in him, as truth is in Jesus, that you should put away the old self of your former way of life, corrupted through deceitful desires, and be renewed in the spirit of your minds, and put on the new self, created in God's way in righteousness and holiness of truth.

As he who called you is holy, be holy yourselves in every aspect of your conduct. (1 Pt 1:15)

Canticle of Zechariah

God did not call us to impurity but to holiness.
(1 Thes 4:7)

Blessed be the Lord, the God of Israel; he has come to his people and set them free. He has raised up for us a mighty savior, born of the house of his servant David.

Through his holy prophets he promised of old that he would save us from our enemies, from the hands of all who hate us. He promised to show mercy to our fathers and to remember his holy covenant.

This was the oath he swore to our father Abraham: to set us free from the hands of our enemies, free to worship him without fear, holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; for you will go before the Lord to prepare his way, to give his people knowledge of salvation by the forgiveness of their sins. In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

Glory to the Father...

Intercessions

We seek to respond to the universal call to participate in the holiness of Christ, and so we pray:

R/ Make us holy, as you are holy.

As we join in the Church's work on earth, – may we further God's reign of love. **R/**

As we work for the betterment of society, – may we grow in charity. **R/**

As we participate in the earthly liturgy, – may we echo the praises of heaven. **R/**

Personal intentions

Our Father....

Father of holiness, you sent your Son among us to show us the way to holiness. In your mercy, sanctify each moment of our earthly life, that we may live joyfully with you for ever in heaven. Through Christ our Lord. Amen.

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Reading 1 **Isaiah 49:3, 5-6**

The Lord said to me: You are my servant,/ Israel, through whom I show my glory./ Now the Lord has spoken/ who formed me as his servant from the womb,/ that Jacob may be brought back to him/ and Israel gathered to him;/ and I am made glorious in the sight of the Lord,/ and my God is now my strength!/ It is too little, the Lord says, for you to be my servant,/ to raise up the tribes of Jacob,/ and restore the survivors of Israel;/ I will make you a light to the nations,/ that my salvation may reach to the ends of the earth.

Reading 2 **1 Corinthians 1:1-3**

Paul, called to be an apostle of Christ Jesus by the will of God, and Sosthenes our brother, to the church of God that is in Corinth, to you who have been -sanctified in Christ Jesus, called to be holy, with all those everywhere who call upon the name of our Lord Jesus Christ, their Lord and ours. Grace to you and peace from God our Father and the Lord Jesus Christ.

Gospel

John 1:29-34

John the Baptist saw Jesus coming toward him and said, "Behold, the Lamb of God, who takes away the sin of the world. He is the one of whom I said, 'A man is coming after me who ranks ahead of me because he existed before me.' I did not know him, but the reason why I came baptizing with water was that he might be made known to Israel." John testified further, saying, "I saw the Spirit come down like a dove from heaven and remain upon him. I did not know him, but the one who sent me to baptize with water told me, 'On whomever you see the Spirit come down and remain, he is the one who will baptize with the Holy Spirit.' Now I have seen and testified that he is the Son of God.

Men of St. Joseph Prayer

St. Joseph, help me to be like you. Help me to be obedient to the teachings of the Church and faithful to God's commands. Help me to patiently endure my cross each day. Let me be a model of holiness and a pillar of virtue. I solemnly promise to embrace God's will and I accept the challenge to work tirelessly for my family's salvation. Be my guide and companion on this journey. St. Joseph, terror of demons, pray for us!

Prayer for the Morning text used with permission of Magnificat.