

Sunday, January 25, 2026
Third Sunday in Ordinary Time

Prayer for the Morning

God is merciful to the repentant. Let us praise him!

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be for ever. Amen. Alleluia!

Hymn

Meter: CM

All hail, thou Sun of righteousness,
Upon our night aris'n!
May sin no more our souls oppress,
And bind in darksome pris'n.
Let those that lie in slumber fast,
Because the darkness reigns,
The light behold, and straightway cast
Aside their gloomy chains;
And greet the light that makes them free,
The bounding joy it brings;
And share the calm felicity,
That looks to heav'n and sings.
O Jesus Christ, our hearts aglow,
Thy blessed advent hail;
On us thy healing virtue show,
And o'er our ills prevail.
And let us walk as those whose eyes
Have seen the light of heav'n,
Till light shall in our souls arise,
Whence night and gloom are driv'n.

Psalm

57:2-6

You have mercy on all, because you can do all things;/ and you overlook the sins of men that they may repent. (Wis 11:23)

Jesus began his public ministry by taking up the cry of repentance from John the Baptist. Repentance, turning away from sin, is the first step in the spiritual life. By turning away from sin we turn toward God. Let us always gaze on the beauty of God and turn our backs to the ugliness of sin.

Have mercy on me, God, have mercy
for in you my soul has taken refuge.
In the shadow of your wings I take refuge
till the storms of destruction pass by.
I call to God the Most High,
to God who has always been my help.
May he send from heaven and save me
and shame those who assail me.
May God send his truth and his love.
My soul lies down among lions,
who would devour the sons of men.

Their teeth are spears and arrows,
their tongue a sharpened sword.
O God, arise above the heavens;
may your glory shine on earth!

Glory to the Father.

Word of God

Matthew 3:1-3

John the Baptist appeared, preaching in the desert of Judea [and] saying, "Repent, for the kingdom of heaven is at hand!" It was of him that the prophet Isaiah had spoken when he said:/ "A voice of one crying out in the desert,/ 'Prepare the way of the Lord,/ make straight his paths.'" Those whom I love, I reprove and chastise.

Be earnest, therefore, and repent. (Rv 3:19)

Canticle of Zechariah

Turn to me and be safe,/ all you ends of the earth,/ for I am God; there is no other! (Is 45:22)

Blessed be the Lord, the God of Israel; he has come to his people and set them free. He has raised up for us a mighty savior, born of the house of his servant David.

Through his holy prophets he promised of old that he would save us from our enemies, from the hands of all who hate us. He promised to show mercy to our fathers and to remember his holy covenant.

This was the oath he swore to our father Abraham: to set us free from the hands of our enemies, free to worship him without fear, holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; for you will go before the Lord to prepare his way, to give his people knowledge of salvation by the forgiveness of their sins. In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.
Glory to the Father...

Intercessions

We seek to grow in holiness and turn away from sin. So we pray:

R/ Bring us to repentance.

When we have strayed from the path of righteousness: **R/**

When we are enthralled by what is not of God: **R/**

When we become blind to our sins: **R/**

Personal intentions

Our Father....

Lord our God, you are loving and merciful to all who turn to you in humility. Draw us ever deeper in your embrace as we seek to please you through holy lives. Through Christ our Lord. Amen.

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Reading 1 **Isaiah 8:23–9:3**

First the Lord degraded the land of Zebulun and the land of Naphtali; but in the end he has glorified the seaward road, the land west of the Jordan, the District of the Gentiles.

Anguish has taken wing, dispelled is darkness:/ for there is no gloom where but now there was distress./ The people who walked in darkness/ have seen a great light;/ upon those who dwelt in the land of gloom/ a light has shone./ You have brought them abundant joy/ and great rejoicing,/ as they rejoice before you as at the harvest,/ as people make merry when dividing spoils./ For the yoke that burdened them,/ the pole on their shoulder,/ and the rod of their taskmaster/ you have smashed, as on the day of Midian.

Reading 2 **1 Corinthians 1:10-13, 17**

I urge you, brothers and sisters, in the name of our Lord Jesus Christ, that all of you agree in what you say, and that there be no divisions among you, but that you be united in the same mind and in the same purpose. For it has been reported to me about you, my brothers and sisters, by Chloe's people, that there are rivalries among you. I mean that each of you is saying, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? For Christ did not send me to baptize but to preach the gospel, and not with the wisdom of human eloquence, so that the cross of Christ might not be emptied of its meaning.

Gospel

Matthew 4:12-23

When Jesus heard that John had been arrested, he withdrew to Galilee. He left Nazareth and went to live in Capernaum by the sea, in the region of Zebulun and Naphtali, that what had been said through Isaiah the prophet might be fulfilled:

Land of Zebulun and land of Naphtali,/ the way to the sea, beyond the Jordan,/ Galilee of the Gentiles,/ the people who sit in darkness have seen a great light,/ on those dwelling in a land overshadowed by death/ light has arisen.

From that time on, Jesus began to preach and say, "Repent, for the kingdom of heaven is at hand."

As he was walking by the Sea of Galilee, he saw two brothers, Simon who is called Peter, and his brother Andrew, casting a net into the sea; they were fishermen. He said to them, "Come after me, and I will make you fishers of men." At once they left their nets and followed him. He walked along from there and saw two other brothers, James, the son of Zebedee, and his brother John. They were in a boat, with their father Zebedee, mending their nets. He called them, and immediately they left their boat and their father and followed him. He went around all of Galilee, teaching in their synagogues, proclaiming the gospel of the kingdom, and curing every disease and illness among the people.

Men of St. Joseph Prayer

St. Joseph, help me to be like you. Help me to be obedient to the teachings of the Church and faithful to God's commands. Help me to patiently endure my cross each day. Let me be a model of holiness and a pillar of virtue. I solemnly promise to embrace God's will and I accept the challenge to work tirelessly for my family's salvation. Be my guide and companion on this journey. St. Joseph, terror of demons, pray for us!

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