

**Sunday, June 11, 2023**  
**Corpus Christi Sunday**

**Prayer for the Morning**

*Let us give thanks to the Lord our God!*

**Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be for ever. Amen. Alleluia**

**Hymn** **Meter: 87 87 87**

Lord, enthroned in heavenly splendor,  
First-begotten from the dead.  
Thou alone, our strong defender,  
Liftest up thy people's head.  
Alleluia! Alleluia!  
Jesus, true and living bread!  
Paschal Lamb, thine offering, finished  
Once for all when thou wert slain,  
In its fullness undiminished  
Shall for evermore remain.  
Alleluia! Alleluia!  
Cleansing souls from every stain.  
Life-imparting heavenly Manna,  
Stricken Rock with streaming side,  
Heaven and earth with loud hosanna  
Worship thee, the Lamb who died.  
Alleluia! Alleluia!  
Risen, ascended, glorified!

**Psalm** **105:1-5, 8-11, 40-43**

*I would feed my people with the finest wheat,/ satisfy them with honey from the rock. (cf. Ps 81:17)*  
*When we eat this bread and drink this cup, we ourselves enter into the Lord's Passover journey from death to life. Give thanks to the Lord, tell his name, make known his deeds among the peoples.*

**O sing to him, sing his praise;  
tell all his wonderful works!  
Be proud of his holy name,  
let the hearts that seek the Lord rejoice.  
Consider the Lord and his strength;  
constantly seek his face.  
Remember the wonders he has done,  
his miracles, the judgments he spoke.  
He remembers his covenant for ever,  
his promise for a thousand generations,  
the covenant he made with Abraham,  
the oath he swore to Isaac.  
He confirmed it for Jacob as a law,**

for Israel as a covenant for ever.  
He said: "I am giving you a land,  
Canaan, your appointed heritage."  
When they asked for food he sent quails;  
he filled them with bread from heaven.  
He pierced the rock to give them water;  
it gushed forth in the desert like a river.  
For he remembered his holy word,  
which he gave to Abraham his servant.  
So he brought out his people with joy,  
his chosen ones with shouts of rejoicing.

Glory to the Father...

**Word of God** **John 6:47-51**

Amen, amen, I say to you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the desert, but they died; this is the bread that comes down from heaven so that one may eat it and not die. I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world.

**For you we hunger; for you we thirst!**

**Canticle of Zechariah**

*When we eat this bread and drink this cup, we proclaim your Death, Lord Jesus Christ, and your rising to eternal life! (cf. Memorial Acclamations)*

**Blessed be the Lord, the God of Israel; he has come to his people and set them free. He has raised up for us a mighty savior, born of the house of his servant David.  
Through his holy prophets he promised of old that he would save us from our enemies, from the hands of all who hate us. He promised to show mercy to our fathers and to remember his holy covenant.  
This was the oath he swore to our father Abraham: to set us free from the hands of our enemies, free to worship him without fear, holy and righteous in his sight all the days of our life. You, my child, shall be called the prophet of the Most High; for you will go before the Lord to prepare his way, to give his people knowledge of salvation by the forgiveness of their sins. In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.**

Glory to the Father...

## Intercessions

Let us rejoice in the Lord Jesus, our Bread of Life:

**R/** Happy are they who are invited to  
your table, Lord!

Priest of the new and eternal covenant, you  
offered the perfect sacrifice on the altar of the  
cross: grant us the grace to offer ourselves in  
union with you. **R/**

King of justice and peace, you deliver yourself over  
in the form of bread and wine: grant that we may  
receive you with faith. **R/**

Manna from heaven, you nourish your Church with  
your Body and your Blood: strengthen us in our  
journey to the Father. **R/**

Source of life, you give life to all: strengthen all  
fathers in their task of bringing to -harvest the  
goodness of those lives for which they are  
responsible. **R/**

### **Personal intentions**

**Our Father....**

*Almighty God, who give us your own flesh and blood  
to eat, grant that this nourishment may revive our  
spirits and draw our hearts ever closer to you, that we  
may enjoy for ever the life we partake of in your holy  
Sacrament. Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the  
Holy Spirit, God, for ever and ever. Amen.*

**Sunday, June 11, 2023**

**Trinity Sunday Corpus Christi Sunday**

**Reading 1**      **Deuteronomy 8:2-3, 14b-16a**

Moses said to the people: "Remember how for  
forty years now the Lord, your God, has directed all  
your journeying in the desert, so as to test you by  
affliction and find out whether or not it was your  
intention to keep his commandments. He  
therefore let you be afflicted with hunger, and then  
fed you with manna, a food unknown to you and  
your fathers, in order to show you that not by  
bread alone does one live, but by every word that  
comes forth from the mouth of the Lord.

"Do not forget the Lord, your God, who brought you  
out of the land of Egypt, that place of slavery; who  
guided you through the vast and terrible desert

with its saraph serpents and scorpions, its parched  
and waterless ground; who brought forth water for  
you from the flinty rock and fed you in the desert  
with manna, a food unknown to your fathers."

**Reading 2**      **1 Corinthians 10:16-17**

Brothers and sisters: The cup of blessing that we  
bless, is it not a participation in the blood of  
Christ? The bread that we break, is it not a  
participation in the body of Christ? Because the  
loaf of bread is one, we, though many, are one  
body, for we all partake of the one loaf.

**Gospel**      **John 6:51-58**

Jesus said to the Jewish crowds: "I am the living  
bread that came down from heaven; whoever eats  
this bread will live forever; and the bread that I will  
give is my flesh for the life of the world."

The Jews quarreled among themselves, saying,  
"How can this man give us his flesh to eat?" Jesus  
said to them, "Amen, amen, I say to you, unless  
you eat the flesh of the Son of Man and drink his  
blood, you do not have life within you. Whoever  
eats my flesh and drinks my blood has eternal life,  
and I will raise him on the last day. For my flesh is  
true food, and my blood is true drink. Whoever  
eats my flesh and drinks my blood remains in me  
and I in him. Just as the living Father sent me and  
I have life because of the Father, so also the one  
who feeds on me will have life because of me. This  
is the bread that came down from heaven. Unlike  
your ancestors who ate and still died, whoever  
eats this bread will live forever."

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### **Men of St. Joseph Prayer**

St. Joseph, help me to be like you. Help me to be  
obedient to the teachings of the Church and  
faithful to God's commands. Help me to patiently  
endure my cross each day. Let me be a model of  
holiness and a pillar of virtue. I solemnly promise  
to embrace God's will and I accept the challenge  
to work tirelessly for my family's salvation. Be my  
guide and companion on this journey. St. Joseph,  
terror of demons, pray for us!

*Prayer for the Morning text used with permission of Magnificat*