

**SUNDAY, June 19, 2022**  
**The Most Holy Body and Blood of Christ**  
**(Corpus Christi)**

*Let us give thanks to the Lord our God!*

*Glory to the Father.... Alleluia!*

**Hymn** **Meter: 87 87 87**

Lord, enthroned in heavenly splendor,  
First-begotten from the dead.  
Thou alone, our strong defender,  
Liftest up thy people's head.  
Alleluia! Alleluia!  
Jesus, true and living bread!  
Paschal Lamb, thine offering, finished  
Once for all when thou wert slain,  
In its fullness undiminished  
Shall for evermore remain.  
Alleluia! Alleluia!  
Cleansing souls from every stain.  
Life-imparting heavenly Manna,  
Stricken Rock with streaming side,  
Heaven and earth with loud hosanna  
Worship thee, the Lamb who died.  
Alleluia! Alleluia!  
Risen, ascended, glorified!

**Psalm** **105:1-5, 8-11, 40-43**

*I would feed my people with finest wheat/ and fill them with honey from the rock. (cf. Ps 81:17)*

*When we eat this bread and drink this cup, we ourselves enter into the Lord's Passover journey from death to life.*

Give thanks to the Lord, tell his name,  
make known his deeds among the peoples.  
O sing to him, sing his praise;  
tell all his wonderful works!  
Be proud of his holy name,  
let the hearts that seek the Lord rejoice.  
Consider the Lord and his strength;  
constantly seek his face.  
Remember the wonders he has done,  
his miracles, the judgments he spoke.  
He remembers his covenant for ever,  
his promise for a thousand generations,  
the covenant he made with Abraham,  
the oath he swore to Isaac.  
He confirmed it for Jacob as a law,

for Israel as a covenant for ever.  
He said: "I am giving you a land,  
Canaan, your appointed heritage."  
When they asked for food he sent quails;  
he filled them with bread from heaven.  
He pierced the rock to give them water;  
it gushed forth in the desert like a river.  
For he remembered his holy word,  
which he gave to Abraham his servant.  
So he brought out his people with joy,  
his chosen ones with shouts of rejoicing.

Glory to the Father...

**Word of God** **John 6:47-51**

Amen, amen, I say to you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the desert, but they died; this is the bread that comes down from heaven so that one may eat it and not die. I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world.

For you we hunger; for you we thirst!

**Canticle of Zechariah**

*When we eat this bread and drink this cup, we proclaim your Death, Lord Jesus Christ, and your rising to eternal life! (cf. Memorial Acclamations)*

**Blessed be the Lord, the God of Israel; he has come to his people and set them free. He has raised up for us a mighty savior, born of the house of his servant David.**

Through his holy prophets he promised of old that he would save us from our enemies, from the hands of all who hate us. He promised to show mercy to our fathers and to remember his holy covenant.

This was the oath he swore to our father Abraham: to set us free from the hands of our enemies, free to worship him without fear, holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; for you will go before the Lord to prepare his way, to give his people knowledge of salvation by the forgiveness of their sins.

In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

**Glory to the Father...**

### Intercessions

Let us rejoice in the Lord Jesus, our Bread of life:

**R** Happy are they who are invited  
to your table, Lord!

Priest of the new and eternal covenant, you offered the perfect sacrifice on the altar of the cross: grant us the grace to offer ourselves in union with you. **R**

King of justice and peace, you deliver yourself over in the form of bread and wine: grant that we may receive you with faith. **R**

Manna from heaven, you nourish your Church with your Body and your Blood: strengthen us in our journey to the Father. **R**

Source of life, you give life to all: strengthen all fathers in their task of bringing to -harvest the goodness of those lives for which they are responsible.. **R/**

**Personal intentions**

**Our Father....**

*Lord Jesus Christ, in this most wonderful sacrament, you left us a memorial of your Passion, Death, and Resurrection; grant us so to venerate the mysteries of your Body and Blood, that we may ever find in them the fruit of your redemption, who live and reign with the Father in the unity of the Holy Spirit, God, for ever and ever. Amen.*

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### Reading 1

**Genesis 14:18-20**

In those days, Melchizedek, king of Salem, brought out bread and wine, and being a priest of God Most High, he blessed Abram with these words: "Blessed be Abram by God Most High,/ the creator of heaven and earth;/ and blessed be God Most High,/ who delivered your foes into your hand." Then Abram gave him a tenth of everything.

### Reading 2

**1Corinthians 11:23-26**

Brothers and sisters: I received from the Lord what I also handed on to you, that the Lord Jesus, on the night he was handed over, took bread, and, after he had given thanks, broke it and said, "This is my body that is for you. Do this in remembrance of me." In the same way also the cup, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." For as often as you eat this bread and drink the cup, you proclaim the death of the Lord until he comes.

### Gospel

**Luke 9:11b-17**

Jesus spoke to the crowds about the kingdom of God, and he healed those who needed to be cured. As the day was drawing to a close, the Twelve approached him and said, "Dismiss the crowd so that they can go to the surrounding villages and farms and find lodging and provisions; for we are in a deserted place here." He said to them, "Give them some food yourselves." They replied, "Five loaves and two fish are all we have, unless we ourselves go and buy food for all these people." Now the men there numbered about five thousand. Then he said to his disciples, "Have them sit down in groups of about fifty." They did so and made them all sit down. Then taking the five loaves and the two fish, and looking up to heaven, he said the blessing over them, broke them, and gave them to the disciples to set before the crowd. They all ate and were satisfied. And when the leftover fragments were picked up, they filled twelve wicker baskets.

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### **Men of St. Joseph Prayer**

St. Joseph, help me to be like you. Help me to be obedient to the teachings of the Church and faithful to God's commands. Help me to patiently endure my cross each day. Let me be a model of holiness and a pillar of virtue. I solemnly promise to embrace God's will and I accept the challenge to work tirelessly for my family's salvation. Be my guide and companion on this journey. St. Joseph, terror of demons, pray for us!

*Prayer for the Morning text used with permission of Magnificat*