

Sunday, March 10, 2024
Fourth Sunday of Lent

Prayer for the Morning

The Lord is light and salvation: let us praise him!

Glory to the Father...Amen.

Hymn

Meter: SM

It is a comely thing
To glorify and praise
Our God, the everlasting Word,
And Lord of endless days.
The trembling cherubim
Before him fold their wings,
And all the heavenly hosts adore
The mighty King of kings.
We would our offering give—
O Christ, to thee we pray,
For thou did break the bonds of death
When dawned the glorious day.
O Christ, the source of light,
With light my soul inspire;
Come, make my heart the bright abode
Of thy celestial fire.

Psalm 27

1-3, 7-9a, 13-14

*The light came into the world, but people preferred
darkness to light, because their works were evil.*

(Jn 3:19)

*Habits of the heart can become blinders to the spirit.
Lent challenges us to look and see the light of God's
saving love shining upon the world from the face of
Christ lifted up on the cross for our salvation. Let us
live by the light of that love.*

The Lord is my light and my help;
whom shall I fear?
The Lord is the stronghold of my life;
before whom shall I shrink?
When evil-doers draw near
to devour my flesh,
it is they, my enemies and foes,
who stumble and fall.
Though an army encamp against me
my heart would not fear.
Though war break out against me
even then would I trust.
O Lord, hear my voice when I call;
have mercy and answer.
Of you my heart has spoken:
"Seek his face."

It is your face, O Lord, that I seek;
hide not your face.

Dismiss not your servant in anger;
you have been my help.

I am sure I shall see the Lord's goodness
in the land of the living.

Hope in him, hold firm and take heart.

Hope in the Lord! Glory to the Father

Word of God

Romans 13:11b-13

Our salvation is nearer now than when we first
believed; the night is advanced, the day is at hand.
Let us then throw off the works of darkness [and]
put on the armor of light; let us conduct ourselves
properly as in the day, not in orgies and
drunkenness, not in promiscuity and
licentiousness, not in rivalry and jealousy.

Light produces every kind of goodness and
righteousness and truth. (Eph 5:9)

Canticle of Zechariah

*The lamp of the body is your eye. When your eye is
sound, then your whole body is filled with light, but
when it is bad, then your body is in darkness.*

(Lk 11:34)

Blessed be the Lord, the God of Israel; he has
come to his people and set them free. He has
raised up for us a mighty savior, born of the house
of his servant David.

Through his holy prophets he promised of old that
he would save us from our enemies, from the
hands of all who hate us. He promised to show
mercy to our fathers and to remember his holy
covenant.

This was the oath he swore to our father Abraham:
to set us free from the hands of our enemies, free
to worship him without fear, holy and righteous in
his sight all the days of our life. You, my child,
shall be called the prophet of the Most High; for
you will go before the Lord to prepare his way, to
give his people knowledge of salvation by the
forgiveness of their sins. In the tender
compassion of our God the dawn from on high
shall break upon us, to shine on those who dwell
in darkness and the shadow of death, and to guide
our feet into the way of peace.

Glory to the Father...

Intercessions

Let us pray for the gift of light, that we may see
and live the mystery of Christ crucified in our daily
lives.

R/Light of Christ, light our way.

You have called us to take up our cross and follow you: **R/**

You have called us to seek your Kingdom: **R/**

You have called us to see the least of our brothers and sisters as your body: **R/**

You have called us to face death with hope: **R/**

Personal intentions

Our Father....

*O God, the night is dark, and the road before us long.
Lead us as you once led your people across the desert.
By the light of Christ lifted up on the cross, show us
your way and lead us to the Promised Land opened
for us by the death and Resurrection of Jesus Christ,
through whom we pray. Amen.*

Sunday, March 10, 2024
Fourth Sunday in Lent – Cycle A

Reading 1 **Samuel 16:1b, 6-7, 10-13a**

The Lord said to Samuel: "Fill your horn with oil, and be on your way. I am sending you to Jesse of Bethlehem, for I have chosen my king from among his sons."

As Jesse and his sons came to the sacrifice, Samuel looked at Eliab and thought, "Surely the Lord's anointed is here before him." But the Lord said to Samuel: "Do not judge from his appearance or from his lofty stature, because I have rejected him. Not as man sees does God see, because man sees the appearance but the Lord looks into the heart." In the same way Jesse presented seven sons before Samuel, but Samuel said to Jesse, "The Lord has not chosen any one of these." Then Samuel asked Jesse, "Are these all the sons you have?" Jesse replied, "There is still the youngest, who is tending the sheep." Samuel said to Jesse, "Send for him; we will not begin the sacrificial banquet until he arrives here." Jesse sent and had the young man brought to them. He was ruddy, a youth handsome to behold and making a splendid appearance. The Lord said, "There—anooint him, for this is the one!" Then Samuel, with the horn of oil in hand, anointed David in the presence of his brothers; and from that day on, the spirit of the Lord rushed upon David.

Reading 2 **Ephesians 5:8-14**

Brothers and sisters: You were once darkness, but now you are light in the Lord. Live as children of light, for light produces every kind of goodness and righteousness and truth. Try to learn what is pleasing to the Lord. Take no part in the fruitless works of darkness; rather expose them, for it is shameful even to mention the things done by them in secret; but everything exposed by the light becomes visible, for everything that becomes -visible is light. Therefore, it says:

"Awake, O sleeper,/ and arise from the dead,/ and Christ will give you light."

Gospel **John 9:1-41**

As Jesus passed by he saw a man blind from birth. He spat on the ground and made clay with the saliva, and smeared the clay on his eyes, and said to him, "Go wash in the Pool of Siloam"—which means Sent—. So he went and washed, and came back able to see. His neighbors and those who had seen him -earlier as a beggar said, "Isn't this the one who used to sit and beg?" Some said, "It is," but others said, "No, he just looks like him." He said, "I am."

They brought the one who was once blind to the Pharisees. Now Jesus had made clay and opened his eyes on a sabbath. So then the Pharisees also asked him how he was able to see. He said to them, "He put clay on my eyes, and I washed, and now I can see." So some of the Pharisees said, "This man is not from God, because he does not keep the sabbath." But others said, "How can a sinful man do such signs?" And there was a division among them. So they said to the blind man again, "What do you have to say about him, since he opened your eyes?" He said, "He is a prophet." They answered and said to him, "You were born totally in sin, and are you trying to teach us?" Then they threw him out.

When Jesus heard that they had thrown him out, he found him and said, "Do you believe in the Son of Man?" He answered and said, "Who is he, sir, that I may believe in him?" Jesus said to him, "You have seen him, and the one speaking with you is he." He said, "I do believe, Lord," and he worshiped him. [Then Jesus said, "I came into this world for judgment, so that those who do not see might see, and those who do see might become blind."

Some of the Pharisees who were with him heard this and said to him, "Surely we are not also blind, are we?" Jesus said to them, "If you were blind, you would have no sin; but now you are saying, 'We see,' so your sin remains.

Men of St. Joseph Prayer

St. Joseph, help me to be like you. Help me to be obedient to the teachings of the Church and faithful to God's commands. Help me to patiently endure my cross each day. Let me be a model of holiness and a pillar of virtue. I solemnly promise to embrace God's will and I accept the challenge to work tirelessly for my family's salvation. Be my guide and companion on this journey. St. Joseph, terror of demons, pray for us!

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