

Sunday, March 3, 2024
Third Sunday of Lent

Prayer for the Morning

Come, let us walk in the light of the Lord!

Glory to the Father...Amen.

Hymn

Meter: 76 76 D

Ah! Lord, how shall I meet thee,
How welcome thee aright?
All nations long to greet thee,
My hope, my sole delight!
Brighten the lamp that burneth
But dimly in my breast,
And teach my soul, that yearneth
To honor such high guest.
O ye sad hearts that sicken
With hope deferred, and see
The gloom around you thicken,
The joys ye hoped for flee—
Despair not, he is near you,
Yea, at the very door,
Who best can help and cheer you,
He will not linger more.
Nor sin shall make you fearful,
Ashamed to see his face,
The contrite heart and tearful
He covers with his grace;
He comes to heal the spirit
That mourneth sin-oppressed,
And raise us to inherit
With him our proper rest.

Canticle

Isaiah 2:2-5

On that day there shall no longer be any merchant in the house of the Lord of hosts. (Zec 14:21)

In driving the merchants from the Temple, Jesus announces by a sign the arrival of the Messiah who brings to fulfillment the covenant promises of deliverance and peace. It will take Calvary to teach at what price that peace is bought.

In days to come, the mountain of the Lord's house
shall be established as the highest mountain
and raised above the hills.
All nations shall stream toward it;
many peoples shall come and say:
"Come, let us climb the Lord's mountain,
to the house of the God of Jacob,
that he may instruct us in his ways,
and we may walk in his paths."
For from Zion shall go forth instruction,
and the word of the Lord from Jerusalem.

He shall judge between the nations,
and impose terms on many peoples.
They shall beat their swords into plowshares
and their spears into pruning hooks;
one nation shall not raise the sword against
another, nor shall they train for war again.

O house of Jacob, come,
let us walk in the light of the Lord!

Glory to the Father

Word of God

Isaiah 54:10

Though the mountains leave their place/ and the
hills be shaken,/ My love shall never leave you/
nor my covenant of peace be shaken,/ says the
Lord, who has mercy on you.

He shall be peace. (Mi 5:4)

Canticle of Zechariah

Peace I leave with you; my peace I give to you. Not as the world gives do I give it to you. (Jn 14:27)

Blessed be the Lord, the God of Israel; he has
come to his people and set them free. He has
raised up for us a mighty savior, born of the house
of his servant David.

Through his holy prophets he promised of old that
he would save us from our enemies, from the
hands of all who hate us. He promised to show
mercy to our fathers and to remember his holy
covenant.

This was the oath he swore to our father Abraham:
to set us free from the hands of our enemies, free
to worship him without fear, holy and righteous in
his sight all the days of our life. You, my child,
shall be called the prophet of the Most High; for
you will go before the Lord to prepare his way, to
give his people knowledge of salvation by the
forgiveness of their sins. In the tender
compassion of our God the dawn from on high
shall break upon us, to shine on those who dwell
in darkness and the shadow of death, and to guide
our feet into the way of peace.

Glory to the Father...

Intercessions

The cross is the sign of God's word of peace and
his covenant law of love. With gratitude we pray:

R/You have the words of everlasting life.

Lord Jesus Christ, you are the law of love made
flesh: may we who are your Body fulfill your law in
our day. **R/**

Lord Jesus Christ, you are the priest of the new
and eternal covenant of love: may we who are your

people live in fidelity to the covenant you have made. **R/**

Lord Jesus Christ, you are our peace:

– may we who bear your name be bearers of your peace. **R/**

Personal intentions

Our Father....

Lord God almighty, you sent your only Son to bring peace to the world through his death and Resurrection. Draw into the fullness of your peace all who are preparing to bind themselves to you in the new and -eternal covenant of Jesus Christ through baptism and the -profession of faith, through the same Christ our Lord. Amen.

Sunday, March 3, 2024
Third Sunday in Lent- Cycle A

Reading 1

Exodus 17:3-7

In those days, in their thirst for water, the people grumbled against Moses, saying, "Why did you ever make us leave Egypt? Was it just to have us die here of thirst with our children and our livestock?" So Moses cried out to the Lord, "What shall I do with this people? A little more and they will stone me!" The Lord answered Moses, "Go over there in front of the people, along with some of the elders of Israel, holding in your hand, as you go, the staff with which you struck the river. I will be standing there in front of you on the rock in Horeb. Strike the rock, and the water will flow from it for the people to drink." This Moses did, in the presence of the elders of Israel. The place was called Massah and Meribah, because the Israelites quarreled there and tested the Lord, saying, "Is the Lord in our midst or not?"

Reading 2

Romans 5:1-2, 5-8

Brothers and sisters: Since we have been justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have gained access by faith to this grace in which we stand, and we boast in hope of the glory of God.

And hope does not disappoint, because the love of God has been poured out into our hearts through the Holy Spirit who has been given to us. For Christ, while we were still helpless, died at the appointed time for the ungodly. Indeed, only with difficulty does one die for a just person, though perhaps for a good person one might even find courage to die. But God proves his love for us in that while we were still -sinners Christ died for us.

Gospel

John 4:5-42

Jesus came to a town of Samaria called Sychar, near the plot of land that Jacob had given to his son Joseph. Jacob's well was there. Jesus, tired from his journey, sat down there at the well. It was about noon.

A woman of Samaria came to draw water. Jesus said to her, "Give me a drink." His disciples had gone into the town to buy food. The Samaritan woman said to him, "How can you, a Jew, ask me, a Samaritan woman, for a drink?" For Jews use nothing in common with Samaritans. Jesus answered and said to her, "If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water." The woman said to him, "Sir, you do not even have a bucket and the cistern is deep; where then can you get this living water? Are you greater than our father Jacob, who gave us this cistern and drank from it himself with his children and his flocks?" Jesus answered and said to her, "Everyone who drinks this water will be thirsty again; but whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to -eternal life." The woman said to him, "Sir, give me this water, so that I may not be thirsty or have to keep -coming here to draw water."

I can see that you are a prophet. Our ancestors worshiped on this mountain; but you people say that the place to worship is in Jerusalem." Jesus said to her, "Believe me, woman, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You people worship what you do not -understand; we worship what we understand, because salvation is from the Jews. But the hour is coming, and is now here, when true worshipers will worship the Father in Spirit and truth; and indeed the Father seeks such people to worship him. God is Spirit, and those who worship him must worship in Spirit and truth." The woman said to him, "I know that the Messiah is coming, the one called the Christ; when he comes, he will tell us everything." Jesus said to her, "I am he, the one (who is) speaking with you."

Many of the Samaritans of that town began to believe in him. When the Samaritans came to him, they invited him to stay with them; and he stayed there two days. Many more began to believe in him because of his word, and they said to the woman, "We no longer believe because of your word; for we have heard for ourselves, and we know that this is truly the savior of the world."

Men of St. Joseph Prayer

St. Joseph, help me to be like you. Help me to be obedient to the teachings of the Church and faithful to God's commands. Help me to patiently endure my cross each day. Let me be a model of holiness and a pillar of virtue. I solemnly promise to embrace God's will and I accept the challenge to work tirelessly for my family's salvation. Be my guide and companion on this journey. St. Joseph, terror of demons, pray for us!

Prayer for the Morning text used with permission of Magnificat.